

# 2009 WASHINGTON UNIVERSITY MEN'S OUTDOOR TRACK AND FIELD TOP TIMES

(Updated 5/27/09 – FINAL)

## 100 Meters (Auto-10.55, Prov-10.78, SR-10.64)

10.76 (Prov.)	... Pierre Hoppenot	.....	4/11, SIUE
10.95	..... Todd Mowry	.....	4/4, WU INVITE
11.36 (dec)	..... Ben Harmon	.....	5/21, NCAA
11.38	..... Tanner Coghill	.....	5/13, CENTRAL
11.41	..... Tom Gulyas	.....	5/13, CENTRAL

## 200 Meters (Auto-21.31, Prov-21.80, SR-21.50)

21.88	..... Pierre Hoppenot	.....	5/8, DR. KEELER
22.16	..... Toddy Mowry	.....	4/4, WU INVITE
22.47	..... Iby Umana	.....	4/26, UAA
22.78	..... Tom Gulyas	.....	4/4, WU INVITE
22.93	..... Nate Koslof	.....	3/27, WU MINI

## 400 Meters (Auto-47.40, Prov-48.50, SR-47.03)

49.55	..... Iby Umana	.....	4/18, WHEATON
50.02 (dec)	..... Ben Harmon	.....	5/21, NCAA
50.75	..... Chris Malaya	.....	4/26, UAA
50.78	..... Nate Koslof	.....	3/27, WU MINI

## 800 Meters (Auto-1:51.10, Prov-1:53.00, SR-1:51.00)

1:55.45	..... Chris Brennan	.....	3/27, WU MINI
1:58.45	..... Tim Meahl	.....	3/21, Rhodes
1:58.92	..... Skyler Moots	.....	4/11, SIUE
1:59.01	..... Nate Koslof	.....	4/4, WU INVITE
1:59.34	..... Jon Wignes	.....	4/11, SIUE

## 1,500 Meters (Auto-3:50.60, Prov-3:55.00, SR-3:51.39)

3:58.90	..... Kevin Opp	.....	5/8, DR. KEELER
4:02.33	..... Dave Spandorfer	.....	3/27, WU MINI
4:04.45	..... Will Forrester	.....	4/4, WU INVITE
4:04.87	..... Chris Brennan	.....	4/18, WHEATON
4:07.67	..... Alden Black	.....	3/21, Rhodes

## 3,000 Meters (SR-N/A)

8:51.41	..... Nick Silverman	.....	4/18, WHEATON
8:56.02	..... Tucker Hartley	.....	4/18, WHEATON
9:00.68	..... Kenny Fairleigh	.....	4/18, WHEATON
9:01.81	..... Michael Waterson	.....	4/18, WHEATON
9:02.95	..... Zach Bahor	.....	4/18, WHEATON

## 3,000 Meter Steeplechase (Auto-9:08.00, Prov-9:23.00, SR-9:08.99)

9:19.99 (Prov.)	.. Alden Black	.....	5/8, DR. KEELER
9:38.73	..... Matt Kruger	.....	4/11, SIUE

## 5,000 Meters (Auto-14:28.00, Prov-14:45.00, SR-14:32.55)

14:41.84 (Prov.)	.. Dave Spandorfer	.....	5/8, DR. KEELER
15:14.87	..... Alden Black	.....	3/27, WU MINI
15:22.81	..... Tucker Hartley	.....	3/21, Rhodes
15:23.38	..... Matt Kruger	.....	3/21, Rhodes
15:31.53	..... Zach Bahor	.....	4/4, WU INVITE

## 10,000 Meters (Auto-30:20.00, Prov-31:10.00, SR-30:33.34)

32:27.57	..... Nick Silverman	.....	5/8, DR. KEELER
32:31.56	..... Michael Waterson	.....	4/4, WU INVITE
32:38.03	..... Tucker Hartley	.....	5/8, DR. KEELER
33:11.15	..... Dave Spandorfer	.....	4/25, UAA
33:12.21	..... Zach Griffen	.....	5/8, DR. KEELER

## 110-Meter Hurdles (Auto-14.42, Prov-14.90, SR-14.33)

14.78 (Prov.)	... Dan Davis	.....	5/15, GREGORY
15.00	..... Tyler Jackson	.....	5/8, DR. KEELER
15.66	..... Ben Harmon	.....	5/2, PACESETTER

## 400-Meter Hurdles (Auto-52.65, Prov-54.30, SR-52.42)

52.42 (Auto)*	.. Tanner Coghill	.....	5/21, NCAA
55.15	..... Dan Davis	.....	4/18, WHEATON
55.33	..... Tyler Jackson	.....	5/8, DR. KEELER
55.92	..... Alex Molinari	.....	4/26, UAA
1:01.45	..... Matt Foreman	.....	3/27, WU MINI

## 400-Meter Relay (Auto-41.00, Prov-41.90, SR-41.92)

41.92*	..... Gulyas, Coghill, Mowry, Hoppenot	.....	5/8, DR. KEELER
41.93	..... Gulyas, Umana, Mowry, Hoppenot	.....	4/26, UAA
43.06	..... Gulyas, Umana, Mowry, Koslof	.....	4/4, WU INVITE

## 1,600-Meter Relay (Auto-3:13.00, Prov-3:16.80, SR-3:16.24)

3:16.72 (Prov.)	.. Koslof, Coghill, Malaya, Harmon	.....	5/8, DR. KEELER
3:17.27	..... Umana, Coghill, Koslof, Harmon	.....	4/18, WHEATON
3:18.85	..... Umana, Coghill, Malaya, Harmon	.....	5/2, PACESETTER
3:21.44	..... Malaya, Umana, Koslof, Coghill	.....	4/4, WU INVITE

## Mile Relay (Auto-3:14.10, Prov-3:17.90)

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## Pole Vault (Auto-5.04m, Prov-4.70m, SR-4.85m)

4.65m	..... Scott Pettit	.....	5/14, GREGORY
4.65m (dec)	... Ben Harmon	.....	5/22, NCAA
3.70m	..... Bryan Farrar	.....	4/4, WU INVITE

## High Jump (Auto-2.11m, Prov-2.02m, SR-2.03m)

1.99m (dec)	... Ben Harmon	.....	4/4, WU INVITE
1.79m	..... Dan Davis	.....	4/26, UAA

## Long Jump (Auto-7.30m, Prov-7.00m, SR-7.40m)

7.12m (Prov.)	.. Ben Harmon	.....	4/25, UAA
5.97m	..... Todd Mowry	.....	4/18, WHEATON
5.82m	..... Pierre Hoppenot	.....	4/11, SIUE
5.64m	..... Alex Talkovsky	.....	4/18, WHEATON

## Triple Jump (Auto-14.80m, Prov-14.20m, SR-14.57m)

14.03m	..... Tanner Coghill	.....	4/26, UAA
13.48m	..... Ben Harmon	.....	4/26, UAA
12.60m	..... Alex Talkovsky	.....	4/26, UAA
12.38m	..... Wayne Banks	.....	3/27, WU MINI

## Shot Put (Auto-17.00m, Prov-15.45m, SR-15.88m)

13.84m	..... Brent Sensenich	.....	4/25, UAA
12.88m	..... Danny Luce	.....	4/25, UAA
10.28m (dec)	.. Ben Harmon	.....	4/4, WU INVITE

## Discus (Auto-51.50m, Prov-47.00m, SR-46.70m)

43.17m	..... Brent Sensenich	.....	4/26, UAA
41.90m	..... Danny Luce	.....	4/26, UAA
30.97m	..... Ben Harmon	.....	5/9, LINDENWOOD

## Hammer Throw (Auto-57.00m, Prov-52.00m, SR-55.92m)

42.35m	..... Danny Luce	.....	4/25, UAA
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## Javelin Throw (Auto-62.50m, Prov-57.50m, SR-61.00m)

60.48m (Prov.)	.. Keith England	.....	4/26, UAA
50.13m	..... Tyler Gordon	.....	4/26, UAA
48.24m	..... Ben Harmon	.....	4/26, UAA
43.67m	..... Ben Cutting	.....	4/11, SIUE

## Decathlon (Auto-6,600, Prov-6,050, SR-7,246)

6,811 (Auto)	... Ben Harmon	.....	5/22, NCAA
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\*School Record

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### 100 Meters (Auto-12.00, Prov-12.30, SR-12.14)

12.98.....	Danielle Wadlington .....	4/26, UAA
13.18.....	Trudi Pugatch .....	4/11, SIUE
13.19.....	Krystyn Stowe .....	4/11, SIUE
13.19.....	Caitlin Hartsell .....	5/8, DR. KEELER
13.20.....	Trudi Pugatch .....	5/8, DR. KEELER

### 200 Meters (Auto-24.57, Prov-25.25, SR-24.51)

25.67.....	Danielle Wadlington .....	4/26, UAA
26.73.....	Erika Wade .....	4/11, SIUE
26.88.....	Caitlin Hartsell .....	4/4, WU INVITE
27.18.....	Caitlin Molloy .....	3/21, Rhodes
27.60 (hept).....	Alli Alberts .....	5/21, NCAA

### 400 Meters (Auto-55.90, Prov-57.50, SR-57.29)

57.82.....	Erika Wade .....	4/26, UAA
1:02.57.....	Elisabeth Stocking .....	3/21, Rhodes
1:03.12.....	Caitlin Hartsell .....	4/11, SIUE
1:03.66.....	Molly Schlamb .....	3/21, Rhodes
1:05.89.....	Danielle Patton .....	4/11, SIUE

### 800 Meters (Auto-2:11.00, Prov-2:14.40, SR-2:11.89)

2:16.45.....	Liz Phillips .....	3/27, WU MINI
2:16.91 (hept).....	Alli Alberts .....	5/22, NCAA
2:17.64.....	Erica Jackey .....	3/27, WU MINI
2:19.14.....	Sangeeta Hardy .....	4/4, WU INVITE
2:20.01.....	Kelli Blake .....	4/11, SIUE

### 1,500 Meters (Auto-4:32.50, Prov-4:39.00, SR-4:35.227)

4:35.27 (Prov.)*.....	Liz Phillips .....	3/21, Rhodes
4:36.75 (Prov.).....	Erica Jackey .....	5/8, DR. KEELER
4:36.92 (Prov.).....	Molly Schlamb .....	5/8, DR. KEELER
4:41.21.....	Sangeeta Hardy .....	5/8, DR. KEELER
4:53.59.....	Lacey Vogel .....	4/11, SIUE

### 3,000 Meters (SR-9:51.2(h))

10:42.46.....	Jessica Londeree .....	4/18, WHEATON
11:11.50.....	Sarah Britton .....	4/18, WHEATON
11:30.97.....	Catie Reynolds.....	4/18, WHEATON

### 3,000 Steeplechase (Auto-10:44.00, Prov-11:13.00, SR-10:50.62)

11:16.22.....	Hope Rathnam.....	4/4, WU INVITE
11:51.08.....	Lacey Vogel.....	4/25, UAA

### 5,000 Meters (Auto-16:55.00, Prov-17:35.00, SR-17:01.92)

17:15.65 (Prov.).....	Taryn Surtees.....	4/4, WU INVITE
17:58.58.....	Jessica Londeree .....	5/8, DR. KEELER
18:25.11.....	Erica Jackey .....	4/4, WU INVITE
18:52.09.....	Molly Schlamb .....	3/21, Rhodes
18:56.68.....	Lacey Vogel .....	4/4, WU INVITE

### 10,000 Meters (Auto-35:48.00, Prov-37:25.00, SR-35:41.80)

35:41.80 (Auto)*.....	Taryn Surtees .....	5/8, DR. KEELER
40:08.59.....	Jessica Londeree .....	4/25, UAA

### 100-Meter Hurdles (Auto-14.35, Prov-14.95, SR-14.34)

14.34 (Auto)*.....	Danielle Wadlington .....	4/4, WU INVITE
15.30.....	Caitlin Molloy .....	4/4, WU INVITE
15.26 (hept).....	Alli Alberts .....	5/21, NCAA
16.98.....	Emily Babiss.....	4/11, SIUE
17.23.....	Amanda Matheson .....	4/11, SIUE

### 400-Meter Hurdles (Auto-1:02.00, Prov-1:04.00, SR-1:00.94)

1:00.94 (Auto)*.....	Danielle Wadlington .....	5/21, NCAA
1:03.44 (Prov.).....	Alli Alberts .....	5/8, DR. KEELER
1:03.92 (Prov.).....	Caitlin Molloy .....	5/8, DR. KEELER
1:05.83.....	Krystyn Stowe .....	4/26, UAA
1:08.82.....	Allison Lee .....	5/2, PAGESITTER

### 400-Meter Relay (Auto-47.30, Prov-48.65, SR-48.22)

49.23.....	Pugatch, Wadlington, Hartsell, Molloy .....	4/26, UAA
49.29.....	Pugatch, Wadlington, Mason, Molloy .....	4/4, WU INVITE
50.28.....	Hartsell, Wadlington, Mason, Molloy .....	4/11, SIUE

### 1,600-Meter Relay (Auto-3:49.60, Prov-3:56.60, SR-3:46.13)

3:48.28 (Auto.).....	Wade, Alberts, Stowe, Wadlington .....	5/23, NCAA
3:57.95.....	Wade, Alberts, Molloy, Wadlington .....	4/11, SIUE
4:04.82.....	Wade, Wadlington, Molloy, Stowe.....	4/4, WU INVITE

### Mile Relay (Auto-3:50.90, Prov-3:57.90)

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### Pole Vault (Auto-3.82m, Prov-3.50m, SR-3.76m)

3.56m (Prov.).....	Katie Hered .....	5/14, GREGORY
3.30m.....	Jessica Lane .....	3/27, WU MINI
3.23m.....	Colleen Moreland .....	5/9, LINDENWOOD
2.77m.....	Alli Alberts .....	4/25, UAA

### High Jump (Auto-1.71m, Prov-1.65m, SR-1.72m)

1.67m (Prov.).....	Alli Alberts .....	5/8, DR. KEELER
1.53m.....	Reva Brousard.....	4/4, WU INVITE
1.48m.....	Amanda Matheson .....	4/4, WU INVITE
1.46m.....	Emily Babiss.....	4/26, UAA
1.30m.....	Emily McNish.....	3/27, WU MINI

### Long Jump (Auto-5.80m, Prov-5.47m, SR-5.74m)

5.63m.....	Danielle Wadlington .....	4/25, UAA
5.25m.....	Imari Mason .....	3/27, WU MINI
5.21m.....	Alli Alberts .....	4/25, UAA

### Triple Jump (Auto-12.00m, Prov-11.30m, SR-12.02m)

11.78m (Prov.).....	Danielle Wadlington .....	5/9, LINDENWOOD
10.35m.....	Emily Babiss.....	4/26, UAA
9.80m.....	Amanda Matheson .....	4/4, WU INVITE

### Shot Put (Auto-14.20m, Prov-12.90m, SR-13.02m)

12.29m.....	Liat Rome.....	4/25, UAA
11.68m.....	Aubrey Edwards.....	3/27, WU MINI
11.46m.....	Moji Hassan.....	4/25, UAA
10.53m (hept).....	Alli Alberts .....	5/21, NCAA
9.56m.....	Hana Damore.....	3/27, WU MINI

### Discus (Auto-47.00m, Prov-42.50m, SR-42.21m)

42.21m*.....	Liat Rome.....	5/9, LINDENWOOD
41.80m.....	Aubrey Edwards.....	5/1, ILLINOIS COLLEGE
39.44m.....	Moji Hassan.....	4/11, SIUE
24.27m.....	Hana Damore.....	4/4, WU INVITE

### Hammer Throw (Auto-52.60m, Prov-46.50m, SR-49.52m)

49.52m (Prov.)*.....	Aubrey Edwards.....	4/25, UAA
45.14m.....	Liat Rome.....	4/25, UAA
42.76m.....	Hana Damore.....	5/9, LINDENWOOD
35.35m.....	Moji Hassan.....	4/25, UAA

### Javelin Throw (Auto-44.20m, Prov-38.50m, SR-41.21m)

41.21m (Prov.)*.....	Alli Alberts .....	5/22, NCAA
32.12m.....	Mackenzie Olsen .....	4/11, SIUE
29.08m.....	Jessica Lane .....	4/26, UAA
24.36m.....	Imari Mason .....	4/11, SIUE

### Heptathlon (Auto-4,600, Prov-4,100, SR-4,880)

4,853 (Auto).....	Alli Alberts .....	5/22, NCAA
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