

# 2008 WASHINGTON UNIVERSITY MEN'S OUTDOOR TRACK AND FIELD TOP TIMES

(Updated 4/29/08)

## 100 Meters (Auto-10.55, Prov-10.78, SR-10.64)

10.99	Doug Beattie	3/29, WU Invitational
11.09	Todd Mowry	4/11, WU Quad
11.29	Nick Buckvar	3/21, WU Twilight
11.39	Eric Soifer	4/20, UAA Championships
11.76 (d)	Ben Harmon	3/29, WU Invitational

## 200 Meters (Auto-21.31, Prov-21.75, SR-21.50)

22.81	Doug Beattie	4/20, UAA Championships
22.90	Marcus Woods	4/20, UAA Championships
22.99	Iboro Umana	3/21, WU Twilight
23.22	Nick Buckvar	3/21, WU Twilight
23.75	Eric Soifer	3/21, WU Twilight

## 400 Meters (Auto-47.35, Prov-48.50, SR-47.03)

49.81	Iboro Umana	4/20, UAA Championships
50.10 (d)	Ben Harmon	3/29, WU Invitational
50.40	Marcus Woods	4/20, UAA Championships
50.40	Nate Koslof	4/20, UAA Championships
51.16	Skyler Moots	4/5, WU Select

## 800 Meters (Auto-1:51.30, Prov-1:53.20, SR-1:51.00)

1:56.30	Chris Brennan	4/26, SIUE Twilight
1:57.02	Skyler Moots	4/20, UAA Championships
1:57.63	Nate Koslof	4/5, WU Select
2:00.18	Adam Levin	4/5, WU Select
2:00.35	Brian Robertson	3/29, WU Invitational

## 1,500 Meters (Auto-3:50.60, Prov-3:55.80, SR-3:51.39)

4:01.57	Skyler Moots	4/5, WU Select
4:03.97	Chris Brennan	4/5, WU Select
4:06.12	Dave Spandorfer	4/5, WU Select
4:11.72	Alex Bearden	4/26, SIUE Twilight
4:13.44	Matt Kruger	4/5, WU Select

## 3,000 Meters (SR-N/A)

9:01.71	Dave Spandorfer	3/21, WU Twilight
9:14.80	Jeff Bayers	3/21, WU Twilight
9:18.10	Michael Waterson	3/21, WU Twilight
9:18.22	Matt Kruger	3/21, WU Twilight
9:21.95	Nick Silverman	3/21, WU Twilight

## 3,000 Meter Steeplechase (Auto-9:07.34, Prov-9:23.00, SR-9:08.99)

10:01.96	Matt Kruger	4/20, UAA Championships
10:08.34	Corey Kubatzky	4/20, UAA Championships
10:26.23	Mike Nasuta	4/26, SIUE Twilight

## 5,000 Meters (Auto-14:28.00, Prov-14:48.00, SR-14:32.55)

14:48.20	Jesse McDaniel	4/20, UAA Championships
15:10.63	David Spandorfer	3/29, WU Invitational
15:25.90	Jeff Bayers	4/20, UAA Championships
15:33.84	Michael Waterson	3/29, WU Invitational
15:42.95	Donald McClure	4/5, WU Select

## 10,000 Meters (Auto-30:14.00, Prov-31:05.00, SR-30:33.34)

32:22.09	David Spandorfer	4/20, UAA Championships
33:01.16	Michael Waterson	4/20, UAA Championships
33:32.21	Jeff Bayers	4/20, UAA Championships
34:47.71	Daniel Rosenbaum	3/29, WU Invitational

## 110-Meter Hurdles (Auto-14.42, Prov-14.95, SR-14.33)

15.89	Ben Harmon	4/20, UAA Championships
16.44	Ryan McDonald	4/20, UAA Championships

## 400-Meter Hurdles (Auto-52.70, Prov-54.50, SR-52.70)

53.22 (Prov)	Tanner Coghill	4/20, UAA Championships
1:02.41	Ryan McDonald	4/5, WU Select
1:04.16	Andy Beresky	3/29, WU Invitational

## 400-Meter Relay (Auto-41.00, Prov-42.00, SR-41.94)

42.89	Amantea, Umana, Woods, Beattie	4/20, UAA Championships
43.07	Umana, Mowry, Woods, Beattie	4/5, WU Select
43.19	Gulyas, Buckvar, Woods, Beattie	3/29, WU Invitational
43.20	Buckvar, Mowry, Woods, Beattie	3/21, WU Twilight

## 1,600-Meter Relay (Auto-3:13.00, Prov-3:17.00, SR-3:17.14)

3:17.70	Woods, Harmon, Coghill, Koslof	4/5, WU Select
3:18.48	Koslof, Coghill, Harmon, Umana	4/20, UAA Championships
3:23.62	Umana, Woods, Koslof, Moots	3/29, WU Invitational
3:26.56	Coghill, Woods, Umana, Gulyas	3/21, WU Twilight

## Mile Relay (Auto-3:14.10, Prov-3:18.10)

xxx

## Pole Vault (Auto-5.04m, Prov-4.70m, SR-4.85m)

4.70m (Prov)	Scott Pettit	3/29, WU Invitational
4.40m	Zhefu Xiao	3/29, WU Invitational
4.25m	Ben Harmon	4/26, SIUE Twilight
3.80m	Matt Amantea	4/11, WU Quad
3.66m	Benny Rakov	3/21, WU Twilight

## High Jump (Auto-2.11m, Prov-2.01m, SR-2.03m)

1.96m (d)	Ben Harmon	3/29, WU Invitational
-----------	------------	-----------------------

## Long Jump (Auto-7.30m, Prov-6.96m, SR-7.40m)

7.08m (Prov)	Ben Harmon	4/20, UAA Championships
6.63m	Matt Amantea	4/20, UAA Championships

## Triple Jump (Auto-14.80m, Prov-14.00m, SR-14.57m)

12.00m	Alex Talkovsky	3/21, WU Twilight
11.25m	Matt Amantea	4/20, UAA Championships

## Shot Put (Auto-17.25m, Prov-15.55m, SR-15.88m)

11.75m	Danny Luce	4/20, UAA Championships
9.78m (d)	Ben Harmon	3/29, WU Invitational

## Discus (Auto-52.50m, Prov-47.50m, SR-46.70m)

40.08m	Danny Luce	4/20, UAA Championships
35.15m	Larry Hellman	4/11, WU Quad
32.60m	Ben Harmon	4/26, SIUE Twilight

## Hammer Throw (Auto-57.60m, Prov-51.46m, SR-55.92m)

40.36m	Danny Luce	4/20, UAA Championships
--------	------------	-------------------------

## Javelin Throw (Auto-62.50m, Prov-57.30m, SR-58.83m)

58.83m (Prov)*	Keith England	4/5, WU Select
47.68m	Tyler Gordon	4/26, SIUE Twilight
45.93m (d)	Ben Harmon	3/29, WU Invitational]
40.70m	Sebastian Estensoro	4/5, WU Select

## Decathlon (Auto-6,600, Prov-6,000, SR-7,246)

6,471 (Prov)	Ben Harmon	3/29, WU Invitational
--------------	------------	-----------------------

\*School Record

## 2008 WASHINGTON UNIVERSITY WOMEN'S OUTDOOR TRACK AND FIELD TOP TIMES

(Updated 4/29/08)

### 100 Meters (Auto-12.00, Prov-12.35, SR-12.14)

12.48	Danielle Wadlington	4/20, UAA Championships
12.86	Caitlin Hartsell	4/20, UAA Championships
13.32	Trudi Pugatch	4/20, UAA Championships
13.65	Mackenzie Olson	4/11, WU Quad
14.13	Jennee Montijo	4/11, WU Quad

### 200 Meters (Auto-24.57, Prov-25.32, SR-24.51)

25.49	Danielle Wadlington	4/20, UAA Championships
26.21	Caitlin Hartsell	4/20, UAA Championships
26.97	Erika Wade	4/20, UAA Championships
28.02	Trudi Pugatch	3/21, WU Twilight
28.35	Mackenzie Olson	4/11, WU Quad

### 400 Meters (Auto-55.90, Prov-57.50, SR-57.29)

59.01	Angela Hartman	4/20, UAA Championships
59.48	Erika Wade	4/20, UAA Championships
1:00.85	Molly Schlamb	4/5, WU Select
1:02.26	Kelli Blake	4/5, WU Select
1:03.18	Lisa Sudmeier	4/5, WU Select

### 800 Meters (Auto-2:11.50, Prov-2:15.00, SR-2:11.89)

2:15.71	Angela Hartman	4/26, SIUE Twilight
2:18.01	Lisa Sudmeier	4/26, SIUE Twilight
2:18.41	Kelli Blake	4/26, SIUE Twilight
2:21.29	Molly Schlamb	4/11, WU Quad
2:21.56	Taryn Surtees	4/26, SIUE Twilight

### 1,500 Meters (Auto-4:32.50, Prov-4:40.00, SR-4:35.98)

4:40.61	Abbey Hartmann	4/5, WU Select
4:41.85	Kelli Blake	4/5, WU Select
4:43.34	Taryn Surtees	4/26, SIUE Twilight
4:45.89	Lisa Sudmeier	4/5, WU Select
4:54.11	Tricia Frisella	4/26, SIUE Twilight

### 3,000 Meters (SR-9:51.2(h))

10:40.58	Tyler Mulkin	3/21, WU Twilight
10:40.74	Lisa Sudmeier	3/21, WU Twilight
11:14.97	Allison Bickel	3/21, WU Twilight
11:20.67	Kate Gallagher	3/21, WU Twilight
11:30.54	Augusta Dunse	3/21, WU Twilight

### 3,000 Steeplechase (Auto-10:44.00, Prov-11:13.00, SR-10:52.09)

11:11.46 (Prov.)	Abbey Hartmann	4/20, UAA Championships
11:16.64	Taryn Surtees	4/20, UAA Championships
11:17.37	Hope Rathnam	4/20, UAA Championships

### 5,000 Meters (Auto-16:55.00, Prov-17:35.00, SR-17:01.92)

17:27.64	Tyler Mulkin	4/20, UAA Championships
17:47.93	Tricia Frisella	4/20, UAA Championships
18:09.07	Abbey Hartmann	3/29, WU Invitational
18:18.06	Hope Rathnam	3/29, WU Invitational
18:22.29	Kate Pentak	3/29, WU Invitational

### 10,000 Meters (Auto-35:48.00, Prov-37:40.00, SR-35:46.95)

36:41.92 (Prov.)	Tyler Mulkin	4/20, UAA Championships
39:19.18	Kate Pentak	4/20, UAA Championships
40:42.00	Allison Bickel	4/20, UAA Championships

### 100-Meter Hurdles (Auto-14.40, Prov-15.00, SR-14.47)

14.78 (Prov.)	Danielle Wadlington	4/11, WU Quad
15.99	Caitlin Molloy	4/20, UAA Championships
16.96	Alli Alberts	4/20, UAA Championships
18.43	Emily McNish	4/5, WU Select

### 400-Meter Hurdles (Auto-1:02.00, Prov-1:04.14, SR-1:02.52)

1:02.52 (Prov.)*	Danielle Wadlington	4/26, SIUE Twilight
1:06.63	Caitlin Molloy	4/20, UAA Championships
1:06.88	Allison Lee	4/20, UAA Championships
1:07.39	Christina Garmendia	4/20, UAA Championships
1:08.80	Krystyn Stowe	3/21, WU Twilight

### 400-Meter Relay (Auto-47.30, Prov-48.65, SR-48.22)

50.32	Pugatch, Wadlington, Hartsell, Molloy	4/20, UAA Championships
50.55	Wade, Wadlington, Hartsell, Molloy	4/5, WU Select

### 1,600-Meter Relay (Auto-3:49.60, Prov-3:56.00, SR-3:46.13)

3:59.12	Wade, Hartman, Schlamb, Wadlington	4/5, WU Select
4:01.25	Wade, Wadlington, Hartman, Lee	3/29, WU Invitational
4:08.86	Hartsell, Wade, Stowe, Lee	3/21, WU Twilight

### Mile Relay (Auto-3:50.90, Prov-3:57.30)

xxx

### Distance Medley Relay

xxx

### Pole Vault (Auto-3.82m, Prov-3.50m, SR-3.75m)

3.75m (Prov.)*	Morgen Leonard-Fleckman	4/26, SIUE Twilight
3.50m (Prov.)	Jessica Lane	3/21, WU Twilight
3.05m	Colleen Moreland	4/20, UAA Championships

### High Jump (Auto-1.71m, Prov-1.65m, SR-1.72m)

1.56m	Alli Alberts	4/20, UAA Championships
1.53m	Emily McNish	3/21, WU Twilight
1.42m	Reva Broussard	3/29, WU Invitational

### Long Jump (Auto-5.80m, Prov-5.52m, SR-5.74m)

5.05m	Alli Alberts	4/20, UAA Championships
4.88m	Erika Wade	3/29, WU Invitational
4.77m	Emily McNish	4/20, UAA Championships

### Triple Jump (Auto-12.00m, Prov-11.25m, SR-12.02m)

12.02 (Auto)*	Danielle Wadlington	4/20, UAA Championships
10.59m	Emily McNish	3/21, WU Twilight

### Shot Put (Auto-14.20m, Prov-12.80m, SR-13.02m)

11.83m	Aubrey Edwards	4/20, UAA Championships
11.27m	Liat Rome	4/20, UAA Championships
10.52m	Moji Hassan	4/11, WU Quad
10.34m	Jennifer Yu	4/5, WU Select
8.86m (h)	Alli Alberts	3/29, WU Invitational

### Discus (Auto-46.38m, Prov-41.50m, SR-40.99m)

39.97m	Aubrey Edwards	3/29, WU Invitational
37.54m	Moji Hassan	4/11, WU Quad
36.45m	Liat Rome	3/29, WU Invitational
32.54m	Jennifer Yu	4/26, SIUE Twilight
22.21m	Hana Damore	4/11, WU Quad

### Hammer Throw (Auto-52.60m, Prov-46.00m, SR-49.48m)

44.69m	Aubrey Edwards	4/5, WU Select
36.82m	Hana Damore	4/11, WU Quad
34.46m	Liat Rome	3/21, WU Twilight
31.49m	Jennifer Yu	3/29, WU Invitational
29.93m	Moji Hassan	4/11, WU Quad

### Javelin Throw (Auto-44.20m, Prov-38.70m, SR-38.83m)

37.97m (h)	Alli Alberts	3/29, WU Invitational
28.93m	Mackenzie Olson	4/11, WU Quad
27.50m	Jessica Lane	4/20, UAA Championships
22.69m	Jennee Montijo	4/5, WU Select
18.04m (h)	Emily McNish	3/29, WU Invitational

### Heptathlon (Auto-4,600, Prov-4,100, SR-4,880)

3,807	Alli Alberts	3/29, WU Invitational
3,045	Emily McNish	3/29, WU Invitational

\*School Record