

# 2010 WASHINGTON UNIVERSITY MEN'S INDOOR TRACK AND FIELD TOP TIMES

(Updated 3/16/10 — FINAL)

## 55 Meters (Auto-6.34, Prov-6.47, SR-6.50)

6.59.....	Pierre Hoppenot .....	3/6, UAA
6.61.....	Dan Davis .....	3/6, UAA
6.74.....	Tom Gulyas .....	1/16, IWU
6.82.....	Spencer Gordon.....	3/6, UAA
6.93.....	Ivan Davis .....	1/16, IWU

## 60 Meters (Auto-6.82, Prov-6.95, SR-7.12)

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## 55 Meter High Hurdles (Auto-7.55, Prov-7.74, SR-7.53)

7.53 (Auto)*.....	Dan Davis .....	2/13, Monmouth
7.84.....	Tyler Jackson .....	2/13, Monmouth
7.87.....	Ben Harmon.....	3/6, UAA
9.15.....	Alex Molinari.....	1/16, IWU

## 60 Meter High Hurdles (Auto-8.13, Prov-8.33, SR-8.36)

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## 200 Meters (SR-22.41)

22.41*.....	Pierre Hoppenot .....	3/6, UAA
22.75.....	Dan Davis .....	2/13, Monmouth
23.15.....	Tom Gulyas .....	3/6, UAA
23.55.....	Chris Malaya .....	2/6, Bob Keck
23.72.....	Spencer Gordon.....	2/13, Monmouth

## 300 Meters (SR-37.09)

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## 400 Meters (Auto-48.75, Prov-49.85, SR-49.45)

50.34.....	Chris Malaya .....	2/13, Monmouth
52.23.....	Alex Molinari.....	2/20, North Central
54.35.....	Matt Konigsberg.....	2/13, Monmouth
54.59.....	Ben Cutting .....	2/6, Bob Keck
54.62.....	Zach Query .....	2/6, Bob Keck

## 600 Meters

1:26.32.....	Matt Rickard .....	1/16, IWU
1:27.45.....	Ben Cutting .....	1/16, IWU
1:30.29.....	Justin Taylor .....	1/16, IWU
1:30.85.....	Patrick Ryan .....	1/16, IWU

## 800 Meters (Auto-1:52.80, Prov-1:54.90, SR-1:53.89)

1:57.29.....	Chris Brennan .....	3/6, UAA
1:58.34.....	Ben Cutting .....	2/20, North Central
2:00.52.....	Dave Spandorfer.....	1/30, Engineer
2:00.55.....	Matt Rickard .....	2/20, North Central
2:00.74.....	Mikael Boughdiri.....	2/13, Monmouth

## 1,000 Meters (SR-2:31.26)

2:35.49.....	Dave Spandorfer.....	1/16, IWU
2:41.55.....	Ben Cutting .....	1/16, IWU
2:43.58.....	Patrick Ryan .....	1/16, IWU
2:44.44 (Pent).....	Ben Harmon.....	2/6, Bob Keck
2:50.91.....	Victor Pinedo.....	1/16, IWU

## 1,500 Meters (SR-3:57.41)

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## Mile (Auto-4:11.00, Prov-4:16.00, SR-4:16.54)

4:17.55.....	Dave Spandorfer.....	2/6, Bob Keck
4:20.66.....	Will Forrester .....	2/20, North Central
4:24.33.....	Michael Burnstein.....	2/6, Bob Keck
4:25.24.....	Alden Black .....	3/6, UAA
4:25.84.....	Alex Bearden .....	2/13, Monmouth

## 3,000 Meters (SR-8:27.20)

8:32.80.....	Dave Spandorfer.....	2/13, Monmouth
8:38.40.....	Michael Burnstein.....	2/13, Monmouth
8:45.07.....	Tucker Hartley .....	2/13, Monmouth
8:45.99.....	Alex Bearden .....	3/6, UAA
8:51.56.....	Alden Black .....	2/20, North Central

## 5,000 Meters (Auto-14:30.00, Prov-14:53.00, SR-14:35.89)

14:44.96 (Prov).....	Dave Spandorfer.....	2/20, North Central
14:45.69 (Prov).....	Michael Burnstein.....	3/6, UAA
14:53.15.....	Tucker Hartley .....	3/6, UAA
15:31.00.....	Alex Bearden .....	2/20, North Central
16:07.04.....	Zach Griffen .....	2/13, Monmouth

## High Jump (Auto-2.10m, Prov-2.02m, SR-2.03m)

2.01m (Pent).....	Ben Harmon.....	2/6, Bob Keck
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## Pole Vault (Auto-5.10m, Prov-4.65m, SR-4.88m)

4.55m.....	Ben Harmon.....	3/6, UAA
4.40m.....	Scott Pettit .....	3/6, UAA
3.95m.....	Kevin Lind .....	3/6, UAA
3.51m.....	Robert Anderson.....	1/23, Snow Bird
3.51m.....	Bryan Farrar.....	1/23, Snow Bird

## Long Jump (Auto-7.20m, Prov-6.92m, SR-7.32m)

6.96m (Prov).....	Ben Harmon.....	3/12, NCAA
5.71m.....	Tyler Jackson .....	3/6, UAA
5.63m.....	Justin Rackley .....	1/16, IWU
5.25m.....	Chris LaBarge.....	1/23, Snow Bird

## Triple Jump (Auto-14.68m, Prov-14.08m, SR-14.48m)

13.69m.....	Ben Harmon.....	3/6, UAA
11.24m.....	Justin Rackley .....	2/20, North Central

## Shot Put (Auto-16.75m, Prov-15.54m, SR-16.40m)

14.61m.....	Tom Arnold .....	3/6, UAA
12.50m.....	Andrew McLelland .....	3/6, UAA
9.69m.....	Ben Harmon.....	1/30, Engineer

## Wt. Throw (Auto-18.34m, Prov-16.69m, SR-16.41m)

14.01m.....	Andrew McLelland .....	3/6, UAA
12.44m.....	Tom Arnold .....	3/6, UAA

## Distance Medley Relay (Auto-10:00.00, Prov-10:10.00, SR-10:02.69)

10:21.91.....	Boughdiri, Jackson, Meahl, Forrester.....	3/6, UAA
10:42.24.....	Cutting, Konigsberg, Levin, Hartley.....	2/6, Bob Keck
11:03.60.....	Cutting, Levin, Rickard, Hinrichsen.....	1/23, Snow Bird

## 4x400 Relay (Auto-3:17.00, Prov-3:21.00, SR-3:20.81)

3:20.81 (Prov)*.....	Malaya, Harmon, D. Davis, Hoppenot.....	2/20, North Central
3:23.11.....	Malaya, Jackson, D. Davis, Hoppenot.....	2/6, Bob Keck
3:23.92.....	Malaya, D. Davis, Jackson, Harmon.....	1/23, Snow Bird
3:26.01.....	Malaya, D. Davis, Molinari, Harmon.....	1/30, Engineer

## Pentathlon (Auto-3,650, Prov-3,350, SR-3,671)

3,650 (Auto).....	Ben Harmon.....	2/6, Bob Keck
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\*Denotes school record

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(Updated 3/16/10 — FINAL)

## 55 Meters (Auto-7.10, Prov-7.29, SR-7.26)

7.66	Caitlin Hartsell	2/20, North Central
7.70	Anne Diaz-Arrastia	1/30, Engineer
7.82	Jennifer Ibe	1/30, Engineer
8.53	Emily Babiss	2/6, Bob Keck
8.67	Kim Cash	1/23, Snow Bird

## 60 Meters (Auto-7.65, Prov-7.85, SR-7.82)

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## 55 Meter High Hurdles (Auto-8.20, Prov-8.53, SR-8.27)

8.90	Jennifer Ibe	1/30, Engineer
9.49	Amanda Matheson	1/16, IWU
9.65	Emily Babiss	1/23, Snow Bird
9.90	Anne Diaz-Arrastia	1/23, Snow Bird

## 60 Meter High Hurdles (Auto-8.82, Prov-9.17, SR-9.15)

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## 200 Meters (SR-25.67)

26.94	Caitlin Hartsell	3/6, UAA
28.13	Anne Diaz-Arrastia	2/20, North Central
28.26	Allison Lee	2/6, Bob Keck
29.50	Elisabeth Stocking	2/20, North Central
29.72	Molly Wawrzyniak	1/30, Engineer

## 300 Meters (SR-42.74)

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## 400 Meters (Auto-56.75, Prov-58.64, SR-58.84)

1:01.23	Elisabeth Stocking	3/6, UAA
1:01.32	Allison Lee	2/13, Monmouth
1:02.41	Erica Jackey	2/6, Bob Keck
1:02.42	Leslie Davis	3/6, UAA
1:02.75	Molly Schlamb	2/6, Bob Keck

## 600 Meters

1:41.66	Molly Schlamb	1/16, IWU
1:44.28	Molly Wawrzyniak	1/16, IWU
1:44.83	Elisabeth Stocking	1/16, IWU
1:48.73	Catie Reynolds	1/16, IWU

## 800 Meters (Auto-2:13.00, Prov-2:16.50, SR-2:14.48)

2:15.23 (Prov)	Sangeeta Hardy	3/6, UAA
2:15.74 (Prov)	Erica Jackey	3/6, UAA
2:16.88	Kelli Blake	3/6, UAA
2:20.83	Molly Schlamb	1/30, Engineer
2:25.26	Molly Wawrzyniak	2/13, Monmouth

## 1,000 Meters (SR-3:02.07)

3:05.43	Molly Schlamb	1/16, IWU
3:11.32	Kelli Blake	1/16, IWU
3:13.40	Catie Reynolds	1/16, IWU

## 1,500 Meters (SR-4:38.68)

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## Mile (Auto-4:55.00, Prov-5:05.00, SR-4:55.32)

4:55.32 (Prov)*	Liz Phillips	3/6, UAA
5:08.05	Erica Jackey	2/13, Monmouth
5:08.85	Sangeeta Hardy	2/13, Monmouth
5:09.62	Molly Schlamb	3/6, UAA
5:10.79	Jessica Londeree	2/13, Monmouth

## 3,000 Meters (SR-9:59.20)

10:20.73	Jessica Londeree	3/6, UAA
10:32.26	Taryn Surtees	3/6, UAA
10:48.81	Catie Reynolds	2/20, North Central
10:49.21	Lacey Vogel	2/20, North Central
10:49.54	Sarah Britton	2/20, North Central

## 5,000 Meters (Auto-17:10.00, Prov-17:42.00, SR-17:07.80)

18:44.46	Catie Reynolds	3/6, UAA
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## High Jump (Auto-1.71m, Prov-1.66m, SR-1.71m)

1.47m	Emily Babiss	1/16, IWU
1.47m	Amanda Matheson	1/16, IWU
1.47m	Lauren Mardis	1/16, IWU
1.43m	Kim Cash	2/6, Bob Keck

## Pole Vault (Auto-3.85m, Prov-3.50m, SR-3.86m)

3.40m	Katie Hered	3/6, UAA
2.75m	Allison Lee	3/6, UAA
1.83m	Hope Rathnam	1/23, Snow Bird

## Long Jump (Auto-5.70m, Prov-5.44m, SR-5.75m)

4.94m	Anne Diaz-Arrastia	2/20, North Central
4.40m	Amanda Matheson	1/23, Snow Bird
4.29m	Kim Cash	2/6, Bob Keck

## Triple Jump (Auto-11.80m, Prov-11.23m, SR-11.95m)

10.79m	Anne Diaz-Arrastia	3/6, UAA
10.00m	Emily Babiss	1/23, Snow Bird
9.66m	Amanda Matheson	2/20, North Central
9.34m	Kim Cash	2/13, Monmouth

## Shot Put (Auto-14.00m, Prov-12.90m, SR-13.01m)

11.15m	Moji Hassan	3/6, UAA
10.12m	Hana Damore	1/23, Snow Bird
9.83m	Amanda Spencer	1/23, Snow Bird

## Wt. Throw (Auto-17.30m, Prov-15.50m, SR-17.94m)

13.58m	Hana Damore	3/6, UAA
13.00m	Moji Hassan	2/20, North Central
11.96m	Amanda Spencer	1/30, Engineer

## Distance Medley Relay (Auto-11:53.60, Prov-12:14.00, SR-11:51.31)

11:51.31 (Auto)*	Schlamb, Jackey, Hardy, Phillips	2/20, North Central
12:01.00 (Prov)	Schlamb, Lee, Hardy, Phillips	2/6, Bob Keck
13:12.78	Jackey, Borinsky, Hardy, Rathnam	1/23, Snow Bird

## 4x400 Relay (Auto-3:54.00, Prov-4:00.00, SR-3:52.86)

4:03.48	Schlamb, Lee, Hardy, Phillips	3/6, UAA
4:08.15	Schlamb, Blake, Hardy, Jackey	2/20, North Central
4:11.20	Diaz-Arrastia, Blake, Hardy, Jackey	2/13, Monmouth
4:15.06	Lee, Stocking, Davis, Wawrzyniak	2/20, North Central
4:17.92	Lee, Stocking, Wawrzyniak, Diaz-Arrastia	1/23, Snow Bird

## Pentathlon (Auto-3,400, Prov-3,300, SR-3,245)

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