



# 2011-12 Visiting Team Guide

Washington University in St. Louis



## 2011-12 VISITING TEAM GUIDE





# 2011-12 Visiting Team Guide

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# 2011-12 Visiting Team Guide

## Welcome to Washington University in St. Louis

To Visiting Institutions:

Washington University is pleased to welcome you to St. Louis. We look forward to hosting your institution's participating athletes, coaches, official representatives and spectators on our campus during the 2010-11 sports year.

We believe you will find the information provided to be helpful as you plan your travel. If you have special needs that have not been addressed, please give us a call a few weeks in advance so we can assist you. Check out our homepage at <http://bearsports.wustl.edu> for additional facts.

Intercollegiate competition on Washington University's campus is conducted in a non-discriminatory manner which encourages enthusiasm while maintaining good sportsmanship and a positive attitude among spectators and participants in support of their teams. Like you, we expect the conduct before, during, and after competition to exemplify the highest traditions of intercollegiate athletics.

On behalf of all of us at Washington University, we are pleased to extend a warm welcome.

Sincerely,  
John Schael  
Director of Athletics





# 2011-12 Visiting Team Guide

## Administrative and Support Staff

Athletic Director .....	John Schael .....	935-5288
Associate Athletic Director .....	Joe Worlund .....	935-5247
Senior Woman Administrator .....	Nancy Fahey .....	935-4702
Head Athletic Trainer .....	Rick Larsen .....	935-6461
Assistant Athletic Trainer .....	Jim Anderson .....	935-6461
Assistant Athletic Trainer .....	Kellie Black .....	935-6461
Assistant Athletic Trainer .....	Kelly Lawson .....	935-6461
Sports Information Director .....	Chris Mitchell .....	935-5077
Assistant Sports Information Director .....	Kelcey Zutavern .....	935-4709
Marketing and Promotions .....	Katy Johnson .....	935-5077
Facility Manager .....	Andrew Koch .....	935-4703
Assistant Facility Manager .....	John Bugner .....	935-4703
Equipment Manager .....	Mike Frank .....	935-5260
Intramurals and Club Sports .....	Sean Curtis .....	935-5128
Assistant Intramurals and Club Sports .....	TBA .....	935-4708
Intramural Secretary .....	Kathy Lasater .....	935-5193
Administrative Assistant .....	Paula Hardy-Mumm .....	935-4712
Receptionist .....	Bettie King .....	935-5220
Football Secretary .....	Pat Smith .....	935-4666
Accounting Assistant .....	Iris Wright .....	935-5262

## Coaching Staff

Baseball .....	Steve Duncan .....	935-5945
Men's Basketball .....	Mark Edwards .....	935-5168
Men's Basketball Assistant .....	Caleb Lawson .....	935-4714
Women's Basketball .....	Nancy Fahey .....	935-4702
Women's Basketball Assistant .....	Bobbi Morse .....	935-7135
Crew .....	Rudy Ryback .....	935-4496
Cross Country .....	Jeff Stiles .....	935-7307
Cross Country Assistant .....	Lane Lohr .....	935-9809
Football .....	Larry Kindbom .....	935-7308
Football Assistant .....	Brian Allen .....	935-5273
Football Assistant .....	Scott Mueller .....	935-4710
Football Assistant .....	Jim Ryan .....	935-5221
Women's Golf .....	Sean Curtis .....	935-4708
Men's Soccer .....	Joe Clarke .....	935-5174
Women's Soccer .....	Jim Conlon .....	935-4706
Softball .....	Leticia Pineda-Boutté .....	935-8549
Swimming & Diving .....	Brad Shively .....	935-5296
Swimming & Diving Assistant .....	Nicole Kaupp .....	935-7490
Men's Tennis .....	Roger Follmer .....	935-6801
Women's Tennis .....	Kelly Stahlhuth .....	935-5204
Track and Field .....	Jeff Stiles .....	935-7307
Track and Field Assistant .....	Lane Lohr .....	935-9809
Volleyball .....	Rich Luenemann .....	935-4713
Athletic Office .....	935-5220	
Athletic Department FAX .....	935-5545	
Sports Information FAX .....	935-5077	
Emergency .....	935-5555	

\*Area Code 314





# 2011-12 Visiting Team Guide

## Event/Facilities Information

### Event locations

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#### Baseball

Games are played at Kelly Field, located on Forsyth Avenue. Visiting teams use the dugout on the first base side.

#### Basketball

Games are played in the WU Field House inside the Athletic Complex on Big Bend Boulevard. Locker rooms are available inside the facility.

#### Football

Games are played at Francis Field, located at the corner of Big Bend and Forsyth. Visiting teams use the north sideline opposite the press box. Locker rooms are located in the Athletic Complex.

#### Golf

The home course for the Washington University women's team is Gateway National Golf Links, located just off Highway 203 in Madison, Ill.

#### Soccer

Games are played at Francis Field, located at the corner of Big Bend and Forsyth. Visiting teams use the north sideline opposite the press box. Locker rooms are located in the Athletic Complex.

#### Softball

Games are played at the WU Softball Field located at the corner of Big Bend and Forsyth. Visiting teams use the dugout on the first base side.

#### Swimming and Diving

Meets are held at the I.E. Millstone Pool in the Athletic Complex. Locker rooms are available adjacent to the pool.

#### Tennis

Matches are played at the Tao Tennis Center, located directly east of the Athletic Complex.

#### Track and Field

Meets are held on the Bushyhead Track at Francis Field, located at the corner of Big Bend and Forsyth.

#### Volleyball

Matches are played in the WU Field House inside the Athletic Complex on Big Bend Boulevard. Locker rooms are available inside the facility.

### Admission Policy

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Admission is free to all WU sporting events except for football. Football tickets cost \$5 for adults and \$1 for children.

### Facilities Information

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Visiting teams in need of laundry service should contact WU Equipment Manager Mike Frank at (314) 935-5260 in advance of the event.

Visiting teams in need of practice space can contact WU Facility Manager Andrew Koch at (314) 935-4703.





# 2011-12 Visiting Team Guide

## Directions to Campus and Athletic Complex

**Note:** Drivers using GPS can input 330 N. Big Bend Blvd to locate the Athletic Complex. Be aware this is the physical address for the loading dock, not the destination for car or van parking. Spectator parking can be accessed off Big Bend Blvd. or Forsyth Blvd.

### From Lambert Airport

- Exit terminal to I-70 E/St. Louis
- Bear right and take exit 238B to merge onto I-170 S toward Clayton
- Drive 6.5 miles and take exit IE to merge onto Forest Park Parkway
- Drive 1.3 miles, take the Forsyth Blvd exit and take a slight right onto Forsyth Blvd.

**BUSES:** Drive 0.7 miles and turn left on Big Bend Blvd. The loading dock will be on the right.

**CARS/VANS:** Drive 0.7 miles to the Big Bend Blvd intersection and follow directions on page 5 to locate parking.

### Heading east on I-64/ US 40

- Take S Big Bend Blvd Exit
- Turn left onto S Big Bend Blvd.

**BUSES:** Drive 1.6 miles on Big Bend Blvd and enter loading dock on right.

**CARS/VANS:** Drive 1.5 miles on Big Bend to the Forsyth Blvd intersection and follow directions on page 5 to locate parking.

### Heading east on I-44

- Take exit 276A-276B to merge onto I-270 N toward Chicago
- Drive 6.7 miles then take exit 12A-12B for I-64 E/ US 40 E
- Merge onto I-64 E/US 40 E
- Drive 6.4 miles then take S Big Bend Blvd Exit
- Turn left onto S Big Bend Blvd.

**BUSES:** Drive 1.6 miles on Big Bend Blvd and enter loading dock on right.

**CARS/VANS:** Drive 1.5 miles on Big Bend to the Forsyth Blvd intersection and follow directions on page 5 to locate parking.

### Heading west on I-64/ US 40 (from Downtown St. Louis)

- Take exit 33B for Big Bend Blvd N
- Turn right onto Big Bend Blvd

**BUSES:** Drive 1.3 miles and enter loading dock on right. **CARS/VANS:** Drive 1.2 miles and follow directions on page 5 to locate parking.

### Heading east on I-70

- Take exit 238B to merge onto I-170 S.
- Drive 6.5 miles and take exit IE to merge onto Forest Park Parkway
- Drive 1.3 miles, take the Forsyth Blvd. exit and take a slight right onto Forsyth Blvd.

**BUSES:** Drive 0.7 miles and turn left on Big Bend Blvd. The loading dock will be on the right.

**CARS/VANS:** Drive 0.7 miles to the Big Bend Blvd intersection and follow directions on page 5 to locate parking.

### Heading south on I-70/I-55 (from Illinois)

- Cross bridge into Missouri and continue on US40/I-64 West

- Take exit 33B for Big Bend Blvd N

- Turn right onto Big Bend Blvd

**BUSES:** Drive 1.3 miles and enter loading dock on right. **CARS/VANS:** Drive 1.2 miles and follow directions on page 5 to locate parking.

### Heading north on I-55

- Take exit 196 toward Kansas City/I-270 W and merge onto I-270 W

- Drive 11.6 miles and take exit 12A-12B for US 40/I-64

- Drive 0.8 miles and merge onto US 40E/I-64E

- Drive 6.5 miles and take S Big Bend Blvd Exit

- Turn left onto S Big Bend Blvd.

**BUSES:** Drive 1.6 miles on Big Bend Blvd and enter loading dock on right.

**CARS/VANS:** Drive 1.5 miles on Big Bend to the Forsyth Blvd intersection and follow directions on page 5 to locate parking.

### Athletic Mailing Address

Washington University  
Department of Athletics  
Campus Box 1067  
One Brookings Drive  
Saint Louis, MO 63130-4899

Overnight/UPS Address:  
330 N. Big Bend Blvd.





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## Parking Regulations

### Bus Parking

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A bus dropoff is available via the loading dock off Big Bend Blvd on the back side of the Athletic Complex. There is enough room to park two buses in the loading dock. During tournaments, buses are asked to park in the lots at the east end of campus adjacent to Skinker Blvd. Buses should not turn in Olympian Way as there is no room to maneuver.

### Car/Van Parking

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#### Athletic Complex/Francis Field Parking

There are three parking options for athletic event parking for the 2010-11 season.

Option 1: Parking is available in the lot between Francis Field and the Tao Tennis Center, southeast of the Athletic Complex. Enter this lot by turning into Olympian Way off Forsyth Blvd and continuing ahead to the left on the paved road parallel to Francis Field. This lot is convenient for events in the Athletic Complex or at the Tao Tennis Center.

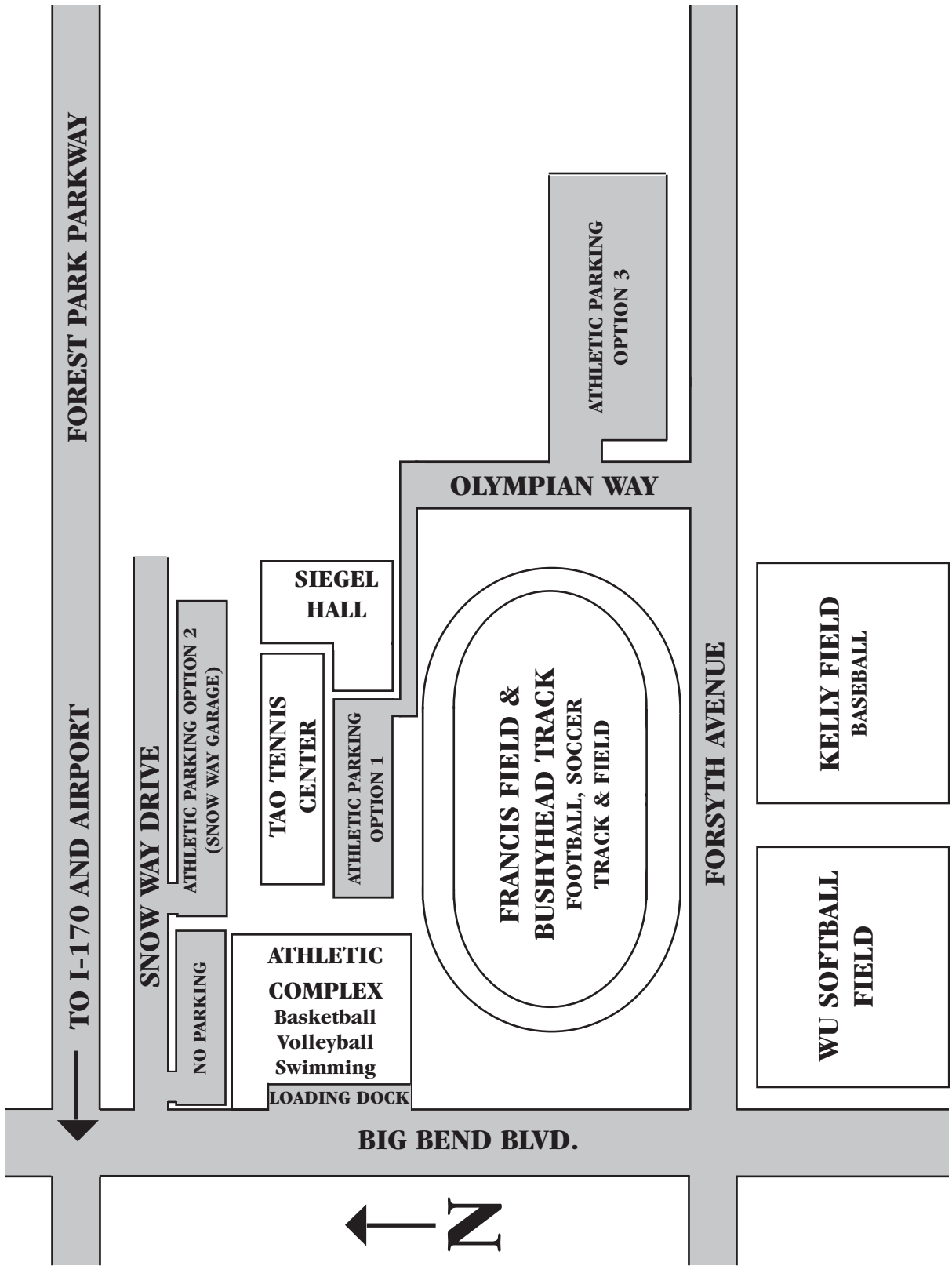
Option 2: Parking is also available in the Snow Way garage. Enter Snow Way Dr off Big Bend Blvd and the garage entrance will be on the right. Campus access is located on the top floor of the garage on the southwest corner. Take the walkway between the two fraternity houses toward the tennis courts, and the Athletic Complex will be on the right. This lot is also convenient for events in the Athletic Complex or at the Tao Tennis Courts.

Option 3: The final option for athletic event parking is in the yellow permit lot directly east of Francis Field along Forsyth Blvd. Enter this lot by turning into Olympian Way off Forsyth Blvd. and taking an immediate right into the lot. This option is best for access to events at Francis Field, the baseball field, or the softball field.

- Please do not park in any red, handicapped, or metered spaces.
- Be aware that there is no parking on Forsyth Blvd.
- If you have a concern with your parking arrangements, please contact Joe Worlund, Associate Athletic Director (314-935-5247) well in advance of your scheduled event.
- Parking lots for athletic events are indicated on the map on page 6.



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## Athletic Training Services

The athletic training staff at Washington University would like to take this opportunity to welcome you and acquaint you with some of the medical services we provide to visiting athletic teams.

The athletic training facility, located on the first floor of Francis Gym in the Athletic Complex, will be available prior to practice and competition. Special arrangements can be provided upon advance request. The Washington University Athletic Training Staff can provide taping and treatment services, but we request that you provide your own supplies.

We will provide taping tables in your locker room. The therapeutic modalities available include: whirlpools, hydrocollator, ultrasound, diathermy, and muscle stimulation. Water, ice, and coolers will be provided, with splints, stretchers, and crutches available should the need arise.

The athletic training staff will provide coverage at all home contests. Our orthopedist will be in attendance or on call, to handle your needs.

Here is a list of phone numbers which may be helpful to you:

Rick Larsen, A.T.C.	Office - 935-6461 Cell - 322-1518
Jim Anderson, A.T.C.	Office - 935-6461
Kellie Black, A.T.C.	Office - 935-6461
Kelly Mitchell, A.T.C.	Office - 935-6461

### Emergency Telephone Numbers:

Ambulance 911

Barnes Hospital Emergency Room 362-9123

Washington University	
Campus Police	935-5555
Health Services	935-6666
Athletic Training Room	935-6461

**\*Area Code 314**





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## Sports Information Services

Contact: Chris Mitchell, Sports Information Director  
Office: (314) 935-5077/ Fax: (314) 935-4600  
E-mail: [mitchell@wustl.edu](mailto:mitchell@wustl.edu)  
Athletics Web Site: <http://bearsports.wustl.edu>

The Sports Information Office at Washington University will attempt to provide an outstanding arrangement for visiting teams. In order to accomplish this goal, the following services are provided:

### For Football

- Programs, working space arrangements, and stats will be provided for visiting SID/statisticians.
- A numerical roster will be updated and available prior to the game that will include all players dressed for that particular game.
- Updated season cumulative statistics will be available prior to the game. Upon completion of the game, stats provided will include final team and individual statistics, a play-by-play, halftime statistics and a scoring summary.

### For Basketball

- Working space arrangements, and stats will be provided for visiting SID/statisticians.
- A numerical roster will be updated and available prior to the game that will include all players dressed for that particular game.
- Updated cumulative season statistics will be available prior to the game. Upon completion of the game, stats provided will include halftime statistics, a complete NCAA box summary and a play-by-play.

### For Soccer, Baseball, and Volleyball

- Working space arrangements for visiting SID/statistician will be provided.
- A numerical roster will be updated and available prior to the game that will include all players dressed for that game.
- Updated cumulative season statistics will be available prior to the game. Upon completion of the game, stats provided will include a complete NCAA box summary and a play-by-play.

### For Swimming, Tennis, and Track & Field

- Programs, statistics and results can be made available where applicable.

Requests for radio phone lines, credentials, Internet access, etc. should be made through the Washington University Sports Information Office. Contact Chris Mitchell, Sports Information Director, at (314) 935-5077 or via email: [mitchell@wustl.edu](mailto:mitchell@wustl.edu).





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## Transportation

### Rental Vans

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The Washington University Athletic Department has made arrangements with Enterprise Rent-a-Car to offer visiting teams the same daily rates (including unlimited mileage) as Washington University receives. The rates, if you are interested in renting from Enterprise are:

\$54 per day for a minivan

\$90 per day for a 15 passenger van

Please call (314) 863-6886 - they can assist you with all your rental van needs. For service from Lambert Airport, call (314) 427-7757.

Upon arrival to St. Louis, proceed to the baggage area and locate the Enterprise Counter. Enterprise will direct you to a shuttle pickup area and take you to the Enterprise office to pickup your rentals

Airport Enterprise is open seven days a week 6 a.m. to 11 p.m.

### Buses

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Washington University's Athletic Department recommends the following three local bus companies.

Cavallo: 1-800-527-5675

Mid-American: 1-800-365-8687

Central States: 1-888-731-8436

### MetroLink:

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The University City-Big Bend MetroLink station is located within walking distance of the Washington University Athletic Complex. The station is located at the corner of Big Bend Blvd and Forest Park Parkway. MetroLink provides rail travel with stops located across the city, including service to Lambert Airport and downtown St. Louis. Tickets for the MetroLink can be purchased at any MetroLink station. Fares for the MetroLink are as follows:

One-ride ticket — \$2.25

Two-hour pass — \$2.75

Two-hour pass from Lambert Airport w/ transfer — \$3.75

One-day pass — \$7.50

Weekly Pass — \$23.50

\*Note: Reduced fares are available for seniors, children, and people with disabilities. Children under age 5 ride for free. For information is available at [www.metrostlouis.org](http://www.metrostlouis.org) or by calling 314-231-2345.





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## Hotels

### On Campus

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Charles F. Knight Center  
Corner of Throop Drive & Snow Way, St. Louis, MO 63130  
Contact: Front Desk, 314-933-9400  
Rate: \$109, includes free continental breakfast, wireless Internet and snack pantry

### Near Campus

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Drury Inn & Suites Near Forest Park (4 miles)  
2111 Sulpher Ave., St. Louis, MO 63139  
Contact: Jennifer Grunzinger, 888-820-6074  
Rate: \$80-\$95, includes hot breakfast, parking, Internet

Crowne Plaza (2 miles)  
7750 Carondelet, Clayton, MO 63105  
Contact: Cyndi Brasken, 314-719-1144  
Rate: \$89-\$169

Spring Hill Suites St. Louis Brentwood (4 miles)  
1100 McMorrow Ave, St. Louis, MO 63117  
<http://cwp.marriott.com/stlrb/wustl/>  
Contact: Ann Degan, 314-647-8400  
Rate: \$99-\$109, includes breakfast buffet, Internet

Residence Inn St. Louis Galleria (3 miles)  
1231 Strassner Drive, St. Louis, MO 63144  
<http://cwp.marriott.com/stlrb/wustl/>  
Contact: Adam Plous, 314-862-1900  
Rate: \$89-\$109, includes breakfast buffet, Internet

Sheraton Clayton Plaza (2 miles)  
7730 Bonhomme Ave, Clayton, MO 63105  
Contact: Mitzi Bax, 314-719-4306  
Rate: \$79

Moonrise Hotel (1 mile)  
6177 Delmar Boulevard, Saint Louis, MO 63112  
Contact: Melissa Payne, (314) 685-3405  
Rate: \$109-\$139

Parkway Hotel (2.5 miles)  
4550 Forest Park Blvd., St. Louis, MO 63108  
Contact: Tina Torgerson, 314-256-7714  
Rate: \$99-\$129, includes breakfast, Internet

Homewood Suites (3 miles)  
8040 Clayton Rd., Richmond Heights, MO 63117  
Contact: Jill Rabinowitz, 314-450-2202  
Rate: Between \$99-\$129, includes breakfast buffet, Internet

The Chesire (1 mile)  
6300 Clayton Road, St. Louis, MO 63117  
[www.cheshirestl.com](http://www.cheshirestl.com)  
Contact: Kelly Kener, 314-686-5689  
Rate: \$79-99, includes breakfast, internet, parking

Holiday Inn Forest Park (3 miles)  
5915 Wilson Ave., St. Louis, MO 63119  
[www.hiforestparkmo.com](http://www.hiforestparkmo.com)  
Contact: Kelly Kener, 314-686-5689  
Rate: \$75-95, includes internet and parking

### Near Lambert Airport

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Renaissance St. Louis Airport (15 min. from WU)  
9801 Natural Bridge Rd  
St. Louis, MO 63145  
Contact: Joseph Fahrney, 314-890-3047  
Rate: \$79-\$109

Saint Louis Airport Marriott (15 min. from WU)  
10700 Pear Tree Lane  
St. Louis, MO 63134  
Audrey Stoerzbach, 847-840-2997  
Rate: \$109, includes airport shuttle

### Downtown

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Courtyard St. Louis Downtown (7 mi. from WU)  
2340 Market Street, St. Louis, MO 63105  
<http://cwp.marriott.com/stlrb/wustl/>  
Contact: Ron Wilshusen, 314-241-9111  
Rate: \$105, includes parking and Internet

Drury Inn Union Station (7 miles from campus)  
201 South 20th St., St. Louis, MO 63103  
Contact: Jennifer Grunzinger, 888-820-6074  
Rate: \$89-\$99, includes hot breakfast, parking

Hilton St. Louis at the Ballpark  
1 South Broadway, St. Louis, MO, 63102  
Contact: Mark Wolfard, 314-421-1776  
Rate: \$89-\$98





# 2011-12 Visiting Team Guide

## Restaurants

### On Campus

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Danforth University Center (Several dining options) (314) 935-7098	The Village (Several dining options) (314) 935-7098	Subway First Floor Mallinckrodt Building (314) 935-7098
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### Close to Washington University

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Applebee's 6734 Clayton Rd. (314) 647-0505	Boston Market 6690 Clayton Rd. (314) 647-4500	Einstein's Bagels 6682 Clayton Rd. (314) 644-1360
Chinese Express 7022 Clayton (314) 781-8898	Mike Duffy's Pub & Grill 6662 Clayton (314) 726-1141	St. Louis Bread Company 6701 Clayton Rd (314) 725-9922
Crazy Bowls and Wraps 7353 Forsyth (314) 725-5030	Market Pub House 6655 Delmar (314) 727-8880	

### University City/Delmar Loop

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Chinese Noodle Cafe 6138 Delmar (314) 725-9889	Cicero's 6691 Delmar (314) 862-0009	Mi Ranchito 887 Kingland (314) 863-1880
Fitz's Bottling Company 6605 Delmar (314) 862-5507	Pasta House 8213 Delmar (314) 991-2022	Dewey's Pizza 559 North & South (314) 726-3434
Blueberry Hill 6504 Delmar (314) 727-0880	Q'Doba 6625 Delmar (314) 862-3320	Chipotle 6316 Delmar (314) 678-3200

### Clayton

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C.J. Mugs 200 S. Central (314) 727-1908	Barrister's 15 N. Meramec (314) 726-5007	Il Vicino 41 N. Central (314) 727-1333
Fatted Calf 12 S. Bemiston (314) 726-1141	First Watch 8001 Forsyth (314) 862-7400	House of Wong 46 N. Central (314) 726-6291

### Forest Park Area

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Applebee's 4550 Forest Park (314) 454-6636	Boathouse in Forest Park Government Drive (314) 367-3423	Talayna's at the Park 310 Debaliviere (314) 367-7788
Chinese Express 311 Debaliviere (314) 367-8884	Highlander Pub & Grill 5656 Oakland (314) 644-4646	Steinberg Ice Rink Jefferson Dr. in Forest Park (314) 361-0613





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## Restaurants Contd.

### Downtown

Charlie Gitto's Pasta House 207 N. 6th (314) 436-2828	The Old Spaghetti Factory 727 N. First Street (314) 621-0276	Eat Rite Diner 622 Chouteau (314) 621-9621
Joe Buck's 1000 Clark (314) 436-0394	Maggie O'Brien's 2000 Market (314) 421-1388	

### Midtown

Chuy Arzola's 3701 Lindell (314) 644-4430	City Diner at the Fox 541 N. Grand (314) 533-7500	The Fountain on Locust 3037 Locust (314) 535-7800
The Good Pie 3137 Olive (314) 289-9391	Pappy's Smokehouse 3106 Olive (314) 535-4340	

### Southwest St. Louis ("The Hill" Neighborhood)

Zia's 5256 Wilson Avenue (314) 776-0020	Amighetti's 5141 Wilson Avenue (314) 776-2855	Giola's Deli 1934 Macklin (314) 776-2855
Mama Josephine's 4000 Shaw (314) 771-4001	O'Connell's Pub 4652 Shaw (314) 773-6600	

### Union Station

Einstein Bros. Bagels	(314)231-1234	Panda Express	(314)241-6786
Hard Rock Cafe	(314)621-7625	Pita King	(314)588-9177
Houlihan's Restaurant & Bar	(314)436-0844	Quiznos	(314)588-1080
Key West Cafe	(314)241-2566	Sbarro	(314)621-2858
Landry's Seafood House	(314)231-4040	St. Louis Taco and Grill	(314)588-1034
Station Grille	(314)802-3462	Subway	(314)436-0007
Charley's Steakery	(314)588-8028		
Gateway Burgers	(314)436-9001		(Food Court on top floor)

### Fast Food/Pizza Near Washington U.

Burger King — 1200 S. Brentwood	Del Taco — 1033 McCausland
Domino's — 7018 Pershing	Hardee's — 5854 Oakland
Imo's Pizza — 7359 Forsyth	Jack-in-the-Box — 1242 Hampton
Jimmy John's — 6681 Delmar	Lion's Choice — 1605 S. Hanley
McDonald's — 1595 S. Hanley	Papa John's — 301 Debeliviere
Quiznos — 7810 Forsyth	Subway — 307 Debaliviere
Taco Bell — 1324 Hampton	Planet Sub — 7 N. Euclid

**Danforth University Center (DUC), our Student Union, has several restaurants in its food court. Bon Appetit is the University's food service provider.**





# 2011-12 Visiting Team Guide

## Local Attractions

	Phone
<b>Anheuser-Busch Brewery</b> Tour one of the world's largest breweries and bottling facilities. Located on 12th at Lynch, Downtown Cost: Free Monday thru Saturday 10 a.m. - 4 p.m. Sunday 11:30 a.m. - 4 p.m.	577-2626
<b>The Arch &amp; Jefferson Memorial</b> The 630-ft-high, stainless steel monument is a symbol of St. Louis' role as the Gateway to the West. Downtown Cost: \$10.00 (17 and up) Open Daily 9 a.m. - 6 p.m. Tram Hours: 9:30 a.m. - 5:15 p.m.	655-1700
<b>Busch Stadium - St. Louis Cardinals</b> 100 So. 4th St. Busch Stadium Open Daily 10 a.m. - 5 p.m.	Tickets: 345-9000 Customer Service: 345-9000
<b>Grant's Farm</b> 10501 Gravois Rd Cost: Free Wed. thru Fri.: 9:30 a.m. - 2:30 p.m. Tours: 843-1700 Saturday & Sunday: 9:30 a.m. - 3:30 p.m.	
<b>Galleria Mall</b> Shopping, dining and entertainment close to Washington University. 1155 Saint Louis Galleria	863-5500
<b>Edward Jones Dome - St. Louis Rams</b> 701 Convention Plaza	For Tickets Call: 241-1888 342-5201
<b>St. Louis Science Center</b> One of the top science museums in the world. 5050 Oakland Ave (south of Hwy. 40) Cost: Free Monday - Thursday 9:30 a.m. - 4:30 p.m. Friday 9:30 a.m. - 9:30 p.m. Saturday 9:30 a.m. - 5:30 p.m. Sunday 11:30 a.m. - 5:30 p.m.	289-4444
<b>St. Louis Zoo</b> One Government Drive Cost: Free Open every day 9 a.m. - 5 p.m.	781-0900
<b>Union Station</b> Once the world's largest and busiest railroad terminal, now restored and modified to a shopping mall — includes restaurants. 1820 Market Street, Downtown between 18th - 20th	421-6655  *Area Code 314





# 2011-12 Visiting Team Guide

## Facts about St. Louis, MO

Some say “Missour-ee,” while others say “Missour-uh.” However you say it, you are in the Show-Me State, a nickname dating back to 1899, when Missouri Congressman Willard Vandiver spoke these words during a speech in Philadelphia: “ I come from a state that raises corn and cotton and cockleburs and Democrats, and frothy eloquence neither convinces nor satisfies me. I am from Missouri. You have got to show me.”

### **Did you know that St. Louis:**

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- Hosted the country’s first Olympic convention in 1904? The Olympics, the first held in the Western Hemisphere, took place in part on the Washington University campus.
- Gave the world its first hot dog, first ice cream cone and first sip of iced tea during the 1904 World’s Fair?
- Dates its aviation renown to 1927, when Charles Lindbergh made his New York to Paris flight aboard the Spirit of St. Louis?
- Is home to Boeing (formally McDonnell Douglas), which designed and built the space capsule carrying the first moon bound astronauts in 1969?
- Steinberg ice skating rink in Forest Park is the second largest outdoor rink in the country.
- Forest Park, across the street from the University, is one of the largest municipal parks in the country—bigger than New York’s Central Park.
- Eads Bridge, designed by St. Louisan James B. Eads, is the first steel arch suspension bridge. Built in 1874, it is still in use today by the MetroLink light rail system. Washington University’s Eads Hall is also named for him.
- The Muny, an outdoor summer theater in Forest Park, has the largest outdoor stage in North America: 115 feet wide and 90 feet deep with a 48-foot turntable.

### **Unusual foods found in St. Louis (you must try these local favorites):**

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- Toasted Ravioli — Deep fried ravioli, usually served with tomato-based dipping sauce. A St. Louis invention.
- Concrete — A frozen custard concoction (shake) at Ted Drewe’s Frozen Custard. The server “tests” it by turning it upside down before giving it to the customer.
- St. Louis Style Pizza — Thin crust pizza.
- St. Louis Style Ribs — Barbecue pork ribs cut from the spareribs.

