

When We're Open

The following hours are in effect during the academic year.
Hours are subject to change.

ATHLETIC COMPLEX:

	Aug. 29 – Oct. 16 & Mar. 19 – April 26	Oct. 17 – Mar. 18
Mon-Thurs	7:00 am – 9:00 pm	7:00 am – 11:00 pm
Fri	7:00 am – 9:00 pm	7:00 am – 9:00 pm
Sat & Sun	9:00 am – 8:00 pm	9:00 am – 8:00 pm

ADMINISTRATIVE OFFICE:

Mon-Fri 8:30 am – 5:00 pm

INTRAMURAL OFFICE:

Mon-Fri 9:00 am – 6:00 pm

TAO TENNIS CENTER:

Mon-Fri 7:00 am – 9:00 pm
Sat-Sun 7:00 am – 8:30 pm

EQUIPMENT ROOM:

Mon, Wed, Fri 7:00 am – 9:00 am
Mon-Fri 12:00 pm – 9:00 pm
Sat-Sun 9:00 am – 8:00 pm

BUSHYHEAD TRACK:

Mon-Sun 7:00 am – Dusk / Building Close

MILLSTONE POOL (for recreational swim):

Mon, Wed, Fri 7:00 am – 8:15 am
Mon-Fri 11:30 am – 1:00 pm
Mon-Thurs 7:00 pm – 8:30 pm
Sat-Sun 1:00 pm – 3:00 pm

ALL ACTIVITY AREAS:

GRIMM RACQUETBALL – HANDBALL - SQUASH COURTS – INTERCO WEIGHT ROOM – WOODARD'S DEN – McWILLIAMS FITNESS CENTER – REC GYM – FRANCIS GYM:

	Aug. 29 – Oct. 16 & Mar. 19 – April 26	Oct. 17 – Mar. 18
Mon-Thurs	7:00 am – 8:45 pm	7:00 am – 10:45 pm
Fri	7:00 am – 8:45 pm	7:00 am – 8:45 pm
Sat & Sun	9:00 am – 7:45 pm	9:00 am – 7:45 pm

All hours are subject to change due to classes and staff availability. Activity areas close 15 minutes prior to the close of the Athletic Complex unless otherwise noted. Facilities are available for recreation when not scheduled for Departmental programs.

Hours during Fall Break, Spring Break, University holidays, semester breaks, final exams and the summer will be adjusted and posted at the entrance of the Athletic Complex and on the website at <http://bearsports.wustl.edu>.

NOTE: The Athletic Complex closes on or near the last two weeks of July for annual maintenance.

Athletic Membership and Locker Fees

For the 2011-12 membership year – available beginning 7-1-11

STUDENTS

Category	Member Fee*	Half Locker*	Full Locker*	Expiration Date
Day School Division (Full-Time)	FREE	\$40	\$70	June 30
Evening School Division (Full-Time)	FREE	\$40	\$70	June 30
Part-Time Students	\$80	\$80	\$100	June 30
Student Family Membership**	\$100	\$80	\$100	June 30

FACULTY AND STAFF

Category	Member Fee*	Half Locker*	Full Locker*	Expiration Date
Faculty and Staff	FREE	\$85	\$110	June 30
Visiting/Part-Time	\$160	\$85	\$110	June 30
Emeritus/Retired	FREE	\$85	\$110	June 30
Family Membership** (spouse & children under age 24)	\$100	\$110	\$130	June 30

ALUMNI

Category	Member Fee*	Half Locker*	Full Locker*	Expiration Date
Recent Alumni***	\$130	\$85	\$110	June 30
Alumni	\$300	\$85	\$110	June 30
Spouse	\$300	\$85	\$110	June 30

SUMMER SESSION****

Category	Member Fee*	Half Locker*	Full Locker*	Expiration Date
Begins June 1	\$20	NA	NA	August 31

*Membership and locker fees are payable only at the Department of Athletics main office located on the Lopata Mezzanine Level of the Athletic Complex from 8:30 am to 4:30 pm Monday through Friday. Fees are non-refundable and are reduced 50% on January 1. Appropriate identification must be presented for purchase of membership or locker rental.

**Membership fee is \$100 for each eligible family member. There is an additional \$5.00 fee when a new card is issued.

***Membership fees for Alumni of the classes of Spring 2007 through the Spring of 2011.

****Limited access due to special programming and facility maintenance.

Administrative Staff

Athletics Director
Associate Director
Senior Woman Administrator
Facility Manager
Assistant Facility Manager
Intramural Director
Aquatics Director

John Schael
Joe Worlund
Nancy Fahey
Andrew Koch
John Bugner
Sean Curtis
Brad Shively

Facility Directory

Court Reservations 935-4619
Information Desk 935-4619
Equipment Room 935-5260
Intramural Office 935-5193
Facility Rentals 935-4703
Physical Education 935-5185
Athletic Department 935-5220
Detailed Facility Schedules bearsports.wustl.edu

Building Guide

Level 1 (Blue)

Woodard's Den – Interco Weight Room
Locker Rooms and Saunas
Equipment Room
Bruce Melin Training Room
Millstone Pool

Level 2 (Green)

McWilliams Fitness Center
Field House
Recreational Gym and Jogging Track
Access to Grimm Racquetball and Squash Courts
Francis Gym

Level 3 (Entrance Level – Red)

Spectator Seating for Field House and Pool
Access to Administrative/Coaches Offices
Information/Automated Card Access
Classroom
Court Reservations
Sports Hall of Champions

Level 4 (Lopata Mezzanine)

Athletic Department Offices
Intramural Office
Hadley Griffin Conference Room
Classroom

Revisions

All information in this brochure should be considered subject to revision. Our basic philosophy of encouraging maximum use of the University's athletic facilities with the greatest convenience and safety for all will not change. Please do not hesitate to pass on suggestions for improvement.

Washington University ATHLETIC COMPLEX 2011-12 Information



bearsports.wustl.edu

Washington University is



Guide to Your Athletic Complex at Washington University

Welcome to the Athletic Complex at Washington University. Whatever your interest may be—swimming, tennis, racquetball, jogging, basketball, volleyball, weight training or just relaxing in a sauna—we hope you will take full advantage of all the Athletic Complex has to offer.

The facilities are designed to accommodate a wide range of individual and group recreational and intramural activities, as well as to serve as a home for our intercollegiate teams. Our extensive operational schedule seeks to provide every member of the Washington University community with an opportunity to participate in a series of programs: instructional, free play, intramural, varsity and sports clubs.

We encourage you to be an active participant.

Who Can Participate

Washington University students, faculty and staff, with a **validated picture ID** are eligible to use the Athletic Complex. All full-time students, full-time faculty and staff, as well as professors emeriti and retired staff, are not charged for this privilege. Other eligible users such as families of full-time faculty and staff, part-time students, spouses of day school students, summer session participants and alumni, must purchase a membership card for access to the Athletic Complex. The modest fees are outlined in the section **Athletic Memberships and Locker Fees**.

Family Memberships

Faculty, staff and full-time day school students with a valid WU picture ID are eligible to purchase (in person) family memberships for immediate family members, i.e., spouse or children (under the age of 24) residing at the same address. The family membership fee is **\$100.00** for each eligible family member. There is an additional \$5.00 fee when a new card is issued.

Each family member must have an individual membership card. A photo ID, Social Security number and proof of residence must be presented before the family membership is issued. Proof of age is required to purchase a family membership for children. Membership cards must be presented for admission to the Athletic Complex. **There will be a waiting period of one business day before the card is issued.**

Children under the age of 14 must have an individual membership card and may use the facilities only while accompanied by and directly supervised by their parent/legal guardian or enrolled in a Departmental program.

Guests

Washington University students, faculty and staff are permitted at designated times to bring one guest per day to the Athletic Complex. The sponsor must accompany the guest and be responsible for the guest's conduct. A guest pass, valid for one visit, is required; the fee is **\$10.00**. Guest passes may be purchased from

8:30 am to 4:30 pm—Monday through Friday—at the main office of the Department of Athletics. In order to purchase a guest pass, a validated Washington University picture ID must be shown.

Fees are non-refundable.

Recreational Facilities

MCWILLIAMS FITNESS CENTER: The Art and Marge McWilliams Fitness Center is home for students, faculty, staff and alumni to pursue their interests in cardiovascular exercise and conditioning. The Fitness Center features ellipticals, treadmills, bikes and step climbers.

Participants must purchase a membership to gain access to the McWilliams Fitness Center. Membership fees are **separate and distinct from other Athletic Complex fees** and are payable at the Department of Athletics main office between the hours of 8:30 am to 4:30 pm—Monday through Friday. Temporary lockers are available within the Fitness Center.

MILLSTONE POOL: Located in the Athletic Complex, the eight-lane, 25-meter stretch pool with diving well is scheduled daily for recreational swimming. Swimmers must wear swimming suits. **Gym shorts, cut-off jeans/shorts and/or T-shirts are not permitted in the pool.** Children must be toilet trained. Additional policies exist and are available at the pool.

INTERCO WEIGHT ROOM/WOODARD'S DEN: Located on Level 1 of the Athletic Complex, the Weight Room added new equipment and upgraded performance systems. We ask that you follow the posted policies for reasons of safety and enjoyment. Temporary lockers are available outside the weight room. **Please note that Physical Education classes have priority when in session.**

GYMNASIUMS: Francis Gym has one playing court while the Rec Gym features three courts and a 1/10 mile jogging track. Both gyms are multi-purpose. Participants are required to wear non-marking court shoes. The gyms are available when not scheduled for Departmental programs.

BUSHYHEAD TRACK: Located in Francis Field Stadium, the eight-lane, 400-meter synthetic track is available for jogging at times not conflicting with Departmental sponsored programs (i.e. practice, games, etc.). Jogging is restricted to lanes four through eight—spiked shoes are not permitted. Occasionally, weather conditions will prevent use of the track. **The facility closes at dusk or with all activity areas, whichever is earlier.**

TAO TENNIS CENTER: Located adjacent to the Athletic Complex, the Tao Tennis Center features six lighted courts, spectator seating, and player's walkway. Use policies are available at the Tao Tennis Center.

RECREATIONAL FIELDS: Two fields are located on the South Forty and one field is located east of the Athletic Complex. The recreational fields are available for use when not scheduled for Departmental programs.

Reservations for Racquetball, Squash, and Handball Courts

Reservations for the racquetball, squash, and handball courts are accepted on both a phone-in (935-4619) and walk-up basis up to 24 hours in advance. Players must wear non-marking court shoes. **Protective eye wear is recommended.**

Equipment Checkout

Users must present a validated Washington University picture ID or athletic membership card to check out equipment from the Equipment Room. Individuals are responsible for equipment they check out. The responsible person will be charged a replacement fee for lost, misplaced, damaged or unreturned equipment. Your ID will be returned upon receipt of equipment issued. **All items are for checkout during the same day only unless arrangements are made in advance.**

Security/Emergency

It is necessary to have proper security in order to preserve the athletic/recreational facilities for bona fide users and the protection of their belongings. Users must slide a validated Washington University picture ID and/or Athletic Complex Membership Card through the automated card reader to gain admittance. When leaving the building for your workout, you must carry your ID for re-admittance.

Emergency buttons are located in the Locker Rooms, the McWilliams Fitness Center and the racquetball, squash and handball court area for your safety in case of a medical or personal emergency. When the emergency button is pushed, a signal goes to the Campus Police Station, the Information Desk and the Equipment Room. Emergency buttons are for emergency use only.

Users who note security problems are urged to bring them to the attention of the proctor on duty or the Facility Manager.

Accessibility

The Athletic Complex is accessible for those people who have special needs. An elevator is located off the main lobby for use. Call 935-5220 for further information and assistance. Entry and exit for all patrons is through the Plaza doors on the East side of the Athletic Complex. Other doors are for emergency use only.

Locker Availability

PERMANENT: Permanent lockers are available on a first-come first-served basis. Locker fees are payable at the Athletic Complex. A receipt and a locker card will be issued which must be given to the Equipment Manager in the Athletic Complex, located in the Equipment Room on Level 1(Blue). Fees include the use of a lock as well as towel service when available. Refunds are not available. **Lockers are issued between 8:30 am and 4:30 pm—Monday through Friday.**

NOTE: A fee will be charged for locks and towels that are not returned. Lockers that are not cleared by the expiration date indicated will have their contents discarded.

TEMPORARY: A limited number of lockers (yellow in color) are available for temporary use without charge. Users must supply their own locks and towels and remove them immediately following use. Locks remaining on these lockers overnight will be removed and the contents of the locker discarded.

General Policies

To keep our facilities in the best possible condition, we need the help and cooperation of the persons who use them. By adhering to these guidelines, you will contribute greatly to making the Athletic Complex one of the finest in the country.

- **A validated Washington University picture ID, Medical School ID, and/or Athletic Complex Membership Card *must*** be used in the automated card reader to gain admittance to the facility.
- A replacement fee of \$20 will be charged for lost or mutilated cards. Lost or stolen cards must be reported immediately to Campus Police and a report filed; the Department of Athletics must also be notified by calling 935-5220.
- **Proper athletic attire** is required at all times. Shoes worn directly in from the street will not be allowed on any activity surface. Non-marking court shoes are considered appropriate foot-wear for use on activity surfaces. Workout attire (including shirts) must be worn in the Weight Room.
- **Children** under the age of 14 with a valid membership card may use the facility provided they are accompanied by and directly supervised by their parent/legal guardian or they are enrolled in a Departmental program. Children four years old and over are not permitted in Locker rooms of the opposite sex.
- **Food and beverages** are permitted in designated areas only. **Pets, rollerblades, skateboards, bicycles, etc. are *not*** allowed in the Athletic Complex or outdoor athletic facilities.
- Personal belongings (coats, gym bags, etc.) are not permitted in activity areas or corridors.
- The Department of Athletics reserves the right to close any portion of the facility when necessary.

Facility Rentals

Organizations may, on occasion, make arrangements to use the Washington University athletic facilities on a rental basis at times not conflicting with ongoing Departmental activities. Requests must be made in writing to the Facility Manager a minimum of four weeks prior to the proposed event.

Washington University Athletics Website

For updated information on the Athletic Complex, all Washington University varsity athletics, as well as intramural and club sports, check out the Washington University athletics website at <http://bearsports.wustl.edu>

Questions, Comments, Concerns

For any questions, comments or concerns, please contact the Facility Manager or Assistant Facility Manager.